

Primary PE & Sport Premium Governor Training



Introduction



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Webinar Overview



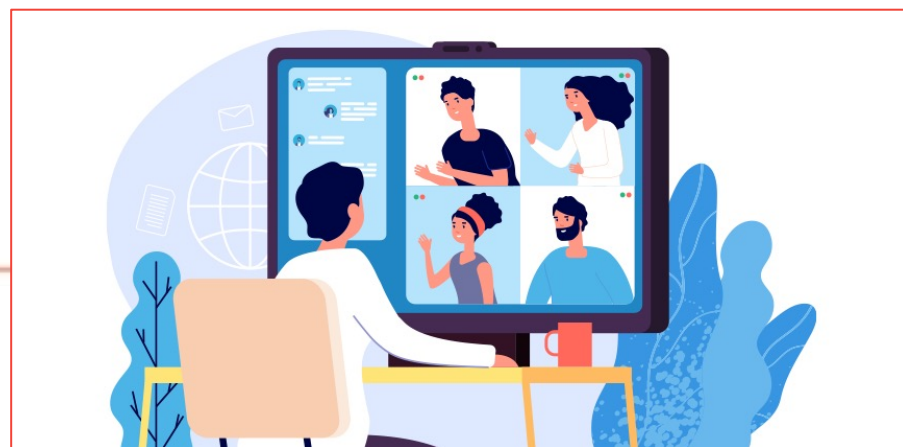
1. What is the Primary PE and Sport Premium?
2. What role do Governors have?
3. How can Governors assist the spending, monitoring and evaluating of the Premium?
4. What impact can the Premium have at my school?



Task #1



- **The average school has now received £100,000 of funding through the Primary PE and Sport Premium. Do you know how this has been used at your school?**
- Please add any questions you have throughout the webinar.





SECTION 1:

What is the Primary PE and Sport Premium?

What is the Primary PE & Sport Premium?



- Annual ring fenced grant (since 2013).
- £16,000 plus £10 per pupil (years 1-6).
- 2 instalments.
- **Additional and sustainable improvements.**



Why?



- **“Physical activity is the single most important thing to do to improve your mental and physical health”**

Jenny Harries, Deputy Chief Medical Officer for England

January 2021



Why?

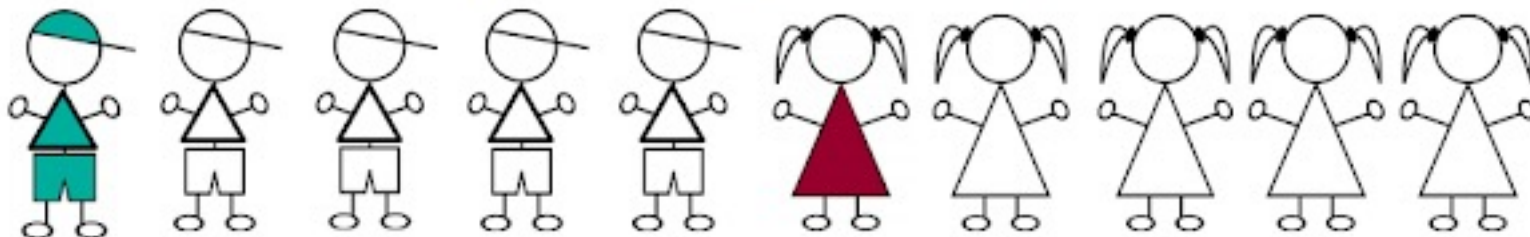


Public Health
England

Prevalence of excess weight among children

National Child Measurement Programme 2016/17

One in five children in Reception is overweight or obese (boys 23.2%, girls 22.1%)



One in three children in Year 6 is overweight or obese (boys 36.0%, girls 32.4%)



Why?



Public Health
England

Obesity harms children and young people



Emotional and
behavioural

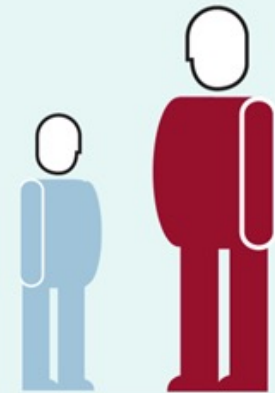
- Stigmatisation
- bullying
- low self-esteem



School absence



- High cholesterol
- high blood pressure
- pre-diabetes
- bone & joint problems
- breathing difficulties



Increased risk of
becoming overweight
adults

Risk of ill-health and
premature mortality in
adult life

Why?



- Physical health benefits
- Mental wellbeing benefits
- Happier
- More resilient
- More trusting of peers
- Improved behaviour
- Enhanced academic achievement



Why?



[Power of an Active School](#)

ACTIVE CHILDREN
=
STRONG STUDENTS

5 Key Indicators



1. Engagement of all pupils in regular physical activity
2. Profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport



Key Information



Schools must use the funding to make **additional and sustainable** improvements to the quality of PE and sport they offer.

Schools **should not** use the premium to **cover PPA arrangements**, teach the minimum requirements of the **national curriculum** or fund **capital expenditure**.



Key Information



- Website report published by the **end of the summer term**.
- This must include:
 - the **amount** of PE and sport premium received
 - a full **breakdown** of how it has been spent
 - the **impact** the school has seen on pupils' PE, physical activity, and sport participation and attainment
 - how the improvements will be **sustainable** in the future



Key Information



- the percentage of pupils within year 6 who met the national curriculum requirement to:
 - swim competently, confidently and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
 - perform safe self-rescue in different water-based situations



Reporting Template



Evidencing the impact of the Primary PE and sport premium

Website Reporting Tool
Revised October 2020

Commissioned by

Department for Education

Created by

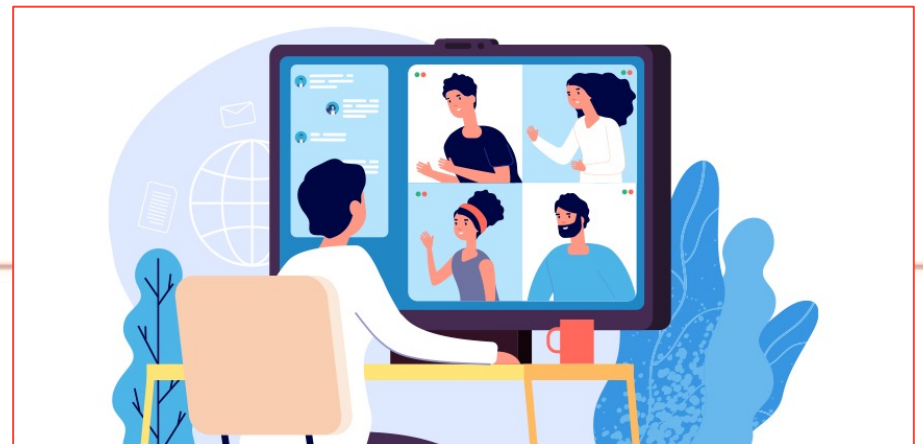
association for Physical Education

YOUTH SPORT TRUST

Task #2



- **What do you think your role should be to ensure this premium has the greatest impact on pupils at your school?**
- Please add any questions you have throughout the webinar.





SECTION 2:

What roles do Governors have?

Education Inspection Framework 2019



- Those responsible for governance understand their role and carry this out effectively.
- They ensure that the provider has a clear vision and strategy and that resources are managed well.
- They hold leaders to account for the quality of education or training.
- Those with responsibility for governance ensure that the provider fulfils its statutory duties.

Education Inspection Framework (EIF) 2019



- Primary PE and Sport Premium no longer explicitly mentioned.
 - Quality of education (Intent, Implementation, Impact)
 - Behaviour and attitudes
 - Personal development
 - Leadership and management
 - PE Deep Dive

Questions to consider



- How effectively do leaders use the Primary PE and Sport Premium and measure its impact on outcomes for pupils?
- How effectively do governors hold leaders to account for this?
- Are the schools PPSP finances correctly managed?



Questions to consider



- [The New Inspection Framework in the context of PE, sport and physical activity](#)

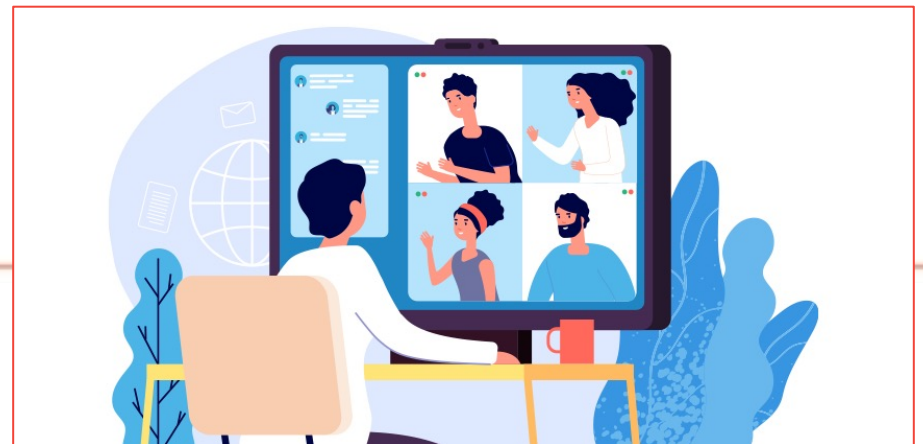
A guide for governors, head teachers and PE subject leaders



Task #3



- **What has the PE and Sport Premium been spent on in your school this year? Why?**
- **What impact is it having on the pupils at your school?**





SECTION 3:

What can I do to assist the spending, monitoring and evaluating of the Premium?

6 Actions for Governors



1. Assign a named governor to oversee the Premium
2. Review the information available on the school website
3. Ask for a copy of the Premium Spending Plan for this year



6 Actions for Governors



4. Meet with the PE Leader to discuss the plan and how governors can support its delivery
5. Review regularly and measure impact (use monitoring activities to help with the process of evidence capture)
6. Ensure spending is linked with the School Improvement Plan





SECTION 4:

What impact can the premium have at my school?

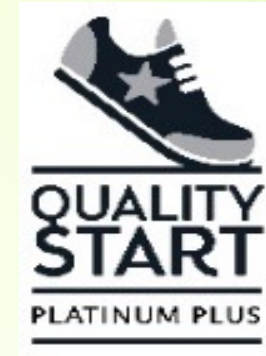


LITTLE COMMON SCHOOL

GOVERNOR PRESENTATION 2021

Learning, Caring, Succeeding... Together

Our successes in PE and Sport





Core functions of the Governing Body

- * Ensuring clarity of vision, ethos and strategic direction
- * Holding executive leaders to account for the educational performance of the school and its pupils, and the performance management of staff
- * Overseeing the financial performance of the school and making sure its money is well spent

How do we plan for developing PE and sport?

Intent

- What areas need to be on the school development plan?
- Where does PE and sport fit into this?

Implementation

- What development opportunities are there?
- What training is needed?
- What resources needed to be allocated?

Impact

- How will this be measured?
- How will it be shared with Governors (and Ofsted if inspected)?
- PE and sport premium report

Leadership including Governance:

Headteacher agrees priorities with FGB, based on sound knowledge of school's strengths and weaknesses

Governor core function: Vision and strategic direction



In-school leadership and management:

Headteacher and other leaders devise plans to make developments and carry these out over the year



Leadership including Governance:

Review impact of new developments using variety of monitoring and evidence

Governor core function: Holding leaders to account for educational performance / making sure money is well spent

Little Common School's School Development Plan for 2019 - 20

Intent

- Review sequential progression of all subjects (Quality of Education)
- Ensure that learning in all subjects meets needs of disadvantaged (DAP)/ pupils with SEND (Quality of Education)
- Further develop range of opportunities for pupils (Personal Development)

Implementation

- INSET days, staff meetings, subject leader training and TA training sessions
- Teacher planning, SENCo / Pupil premium focus in lesson observation and monitoring
- Clubs, events, competitions, stakeholder events

Impact

- Improvements in quality of curriculum and teaching/learning
- Better provision - evidence through monitoring reports and pupil/parent voice
- Data : Increased participation, wider range of opportunities

“The best thing about PE is that we get to try lots of different sports to help keep us active.”



How do we use a culture of PE and Sport at Little Common to embed the use of the SSP?

- 2 hours of PE a week;
- active lessons;
- an extensive extra - curricular offer;
- competition and festivals;
- active play and lunch times;
- engaging and encouraging families to be active outside of school.

Actions across the school day

Who, what, where, when?



Play and lunchtimes

- Active playtime equipment
- Play and lunchtime play leaders change for life clubs
- Sports crew challenges
- Playground layout and marking
- Daily mile
- Midday supervisor challenges
- Teacher – led clubs

Before and after school

- Extra – Curricular clubs
- Inactive children tracking
- Active travel initiatives – Walking Wednesday
- Questionnaire
- Get Active challenges.

PE lessons/curriculum

- Progressive PE scheme
- Progression documents
- 2 hours of timetabled PE curriculum
- RUNtastic runners
- Class Sports leaders
- Play leaders

Parents and the community

- Get active daily challenge
- Healthy recipes
- Weekend community strolls
- Newsletters advice
- Cooking workshops
- Fitness classes

Competitions and Events

- Healthy schools' week
- School games competitions/festivals
- Cluster competitions
- Festivals – CFL
- Workshops
- Little Common in school events
- Well-being weeks
- Sports and community links assemblies
- Sports days

How has PE and School Sport been used through a whole school approach?



“There are lots of different after school clubs we can choose from. They help me to find a sport I like and to keep active.”

Creating an Active School Community



Whole school impact Who? What?

School staff, teachers, TAs, Midday supervisor, kitchen and office staff.

- Get active challenge
- Fitness classes
- Daily mile
- Out of school events
- Promotion through newsletter
- Active school ethos

Staff CPD

- PE Inclusion
- Gymnastics
- Active 30mins
- Daily Mile
- Go Noodle
- Structure and organisation of PE lessons - warm-ups and cool-downs.
- Using apparatus and equipment safety
- Sport coaches CPD
- Midday supervisor training
- Lesson observations
- Team teaching

Parents/Outside school community

- Get active challenge
- Sunday Stroll
- Healthy and active lifestyle challenges
- Healthy recipes
- Ready Steady Go
- Active travel
- Cooking classes
- Getting active during school closures

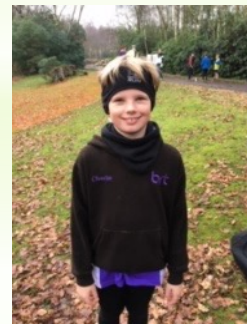
Awards

- Active Primary School of the Year 2020
- Platinum Plus Quality Start award
- Gold School Games and Virtual award x 5
- GOLD healthy schools status

All school children, Sports leaders, play leaders, sports crew

- Get Active challenge
- Active 30 mins – Go Noodle challenge
- Individual pupil tracking
- Pupil voice
- Sports displays/results
- Sports Leader training /programmes
- RUNtastic runners – daily mile
- Workshops
- Sports coaches
- Personal challenges
- Quality first teaching
- Extra - curricular clubs
- Active travel initiatives
- Competitions and festivals
- Sports assemblies
- Sports certificates
- Sports kit
- Sports committee

“My family and I think the ‘Get Active at home challenges’ are really fun. It helps us to keep active.”



What has been the impact at Little Common in terms of PE and the wider school?



Little Common School



PE and Sport Premium impact poster 2019 -20

Little Common Schools PE and Sport premium aims:

- 1. To continue to develop ACTIVE 60mins during the school day- through a range of activities provided throughout the day.
- 2. Professional development of all staff including Midday supervisors to improve subject knowledge, confidence and skills within PE and during lunchtimes.
- 3. To develop and increase the percentage of children and their families that use methods of active travel.
- 4. To increase participation in extra - curricular sport activities and competitions for all groups of children.
- 5. To increase the percentage of children and their families that follow an active and healthy lifestyle.
- 6. To continue to develop swimming provision for all pupils including off site opportunities for lower Key Stage 2.

Sports' Awards and Successes

- OFSTED grade of OUTSTANDING achieved;
- Active Primary School of the Year 2019- 20 at the Sussex Sports Awards;
- Quality Start Platinum Plus awarded for the quality of our Key Stage 1 PE and Sports provision;
- Retained GOLD mark award 2019 -20 – Platinum Award put on hold due to COVID 19;
- School Games Virtual Award 2020;
- Case Study created to Active Sussex to share our good practice with other schools;
- Case Study created by Active Sussex for our work
- 143 (25%) Sports leaders, play leaders and sports crew leaders;
- 93% of the school were active up to March 2020;
- 91% of pupil premium and 80% of vulnerable children were attending a club, competitions and taking part in a leader role.

Training and CPD

- All staff trained on Inclusion in PE, Active 30 minutes, assessment, Gymnastics training;
- NQT training on gymnastics;
- Staff PE lesson observations and planning monitoring;
- NQT PE training and team - teaching sessions;
- We trained 24 Play Leaders to support children with active lunch times and running daily 'Change for Life' clubs;
- All Staff completed PE audit.

Swimming

- Swimming boosters for Year 3 swimmers. Currently 65% of Year 3 children that participated can swim 25 metres or more;
- 77% of Year 6 cohort can swim 25 metres; perform a range of strokes and safe self-rescue.

Getting active during school closures 2019 -20

- 110 children took part in sports day at home.
- Get Active healthy lifestyle challenge;
- Get Active at home video;
- Get Active at home teachers video;
- Parent questionnaire on at home activity;
- Whole school sports day;
- Sports day at home -110 children took part;
- 92.89% active at home for at least 60 minutes a day;
- 74.23% took part in PE with Joe;
- 69.77%took part in active challenges set by the school;
- 93% read our Get Active newsletter and viewed our Get active page on the website;
- Active Sussex school games spirit of the games award for most participants in Sussex.

Getting active and being healthy

- We spent £7278 on PE and Sport equipment for active play and PE including 2 new goal post;
- Our weekly newsletter contained Healthy and Active lifestyle personal challenges;
- 130 families took part in our half term 'Get active' family challenge;
- 110 families took part in our Sunday stroll.
- The Sports Crew and Play Leaders lead clubs and challenges at playtimes;
- We ran GO NOODLE active class of the week;
- We ran daily Change for Life lunchtime clubs led by our Play Leaders;
- Our Sports Crew lead daily playground challenge to improve of personal best;
- Became early adopters of the East Sussex healthy schools check.
- Amex trip for Year 6 – Literacy within sport
- Healthy, balanced meal and poster competitions;
- We ran sports days for children at home and in school.
- Get active email set up getactive@littlecommon.e-sussex.sch.uk
- Active travel questionnaire
- GET SET to Tokyo challenge.

Clubs and competitions

- 836 KS1 and 317 KS2 participants children attended competitions and festivals;
- We took part in 17 competitions and festivals up to
- We ran 20 different sports clubs;
- On average 574 93% - children attended clubs each week up to Term 3 – March;

This is an example of how we look at the IMPACT

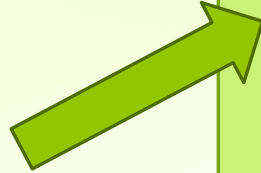
What has been the impact at Little Common in terms of PE and the wider school?

A closer look at our impact

- **143 (25%) Sports leaders, play leaders and sports crew leaders;**
- **93% of the school were active up to March 2020;**
- **91% of pupil premium and 80% of vulnerable children were attending a club, competitions and taking part in a leader role.**

- Intent
 - Implementation
 - Impact
 - Sustainability
- 

- Intent
- Implementation
- Impact
- Sustainability



Getting active and being healthy

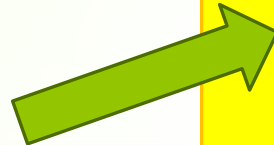
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- We ran sports days for children at home and in school.
- Get active email set up getactive@littlecommon.e-sussex.sch.uk
- Active travel questionnaire;
- GET SET to Tokyo challenge.

What has our impact been during school closures?

- Intent
- Implementation
- Impact
- Sustainability

Getting active during school closures 2019 -20

- **Get Active healthy lifestyle challenge;**
- **Get Active at home video;**
- **Get Active at home teachers video;**
- **Parent questionnaire on at home activity;**
- **Whole school sports day;**
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- **74.23% took part in PE with Joe;**
- **69.77% took part in active challenges set by the school;**
- **93% read our Get Active newsletter and viewed our Get Active page on the website;**
- **Active Sussex school games spirit of the games award for most participants in Sussex.**



“Being a play leader is good as you can lead games and encourage everyone to be active.”





Governor expectations: how is the report overseen?

- Twice yearly check-ins
 - What are the aims this year?
 - Where are you with this?
-
- Termly governor and Head reports on PE and Sport
 - Progress so far and regular review

Term 3 and 4 outcomes- Whole school - What has been achieved?

- Active Sussex case study has been completed to show best practice and activity in the community in PE and Sport which will be shared with schools across the county.
- **Lesson observations and monitoring have taken place across year groups looking at the use of the new PE scheme.**
- **Staff CPD on Gymnastics, safe use of equipment and layout. Gym and Games lesson structure and use of our learning principles.**
- **Staff CPD on inclusion.**
- **NQTs attended gymnastics CPD**
- **New updated progression document in line with Val Sabin scheme**
- **Staff audit of PE – all positive feedback – development points taken into staff CPD session.**
- **Activity records excel spreadsheet being successfully used for each class to enable me to monitor subject - PE and Sport: activity, clubs, outside clubs, leader roles, competitions attended, swimming data, active travel and ARE information. This ensures that we can look at a child as a whole. Teachers can also access this information.**
- Daily mile running track being used at play and lunchtimes as well as for clubs.
- **RUNtastic runners' initiative to promote personal challenges to improve fitness and activity. RUNtastic certificates awarded at the end of every half term.**
- Percentage of active and inactive children tracked across the school.
- Travel to Tokyo – online get active challenge – 70 families and some classes competing,
- **Evidence of classes using Go Noodle to have active lessons- tracked and used as evidence of activity.**
- Active class of the term. Active Year group of the term. Classes' tracked and monitored for activity in line with Active 30mins.
- **New clubs – Badminton and skipping clubs**
- **8 week Get active challenge started – parents sending evidence to Get Active email.**
- **Yr2 cricket workshop to continue to develop their skills ready for Cricket day in the summer term.**
- **Cricket Festival on 16/3/20**
- **Sports assembly-** End of every half term- Sports assembly to raise the profile of PE and Sport. In addition, to link with sport children do outside of school. Celebration of achievement and certificates for Active class and Sports stars of the term.
- **110 families took part in our 4 week Get Active challenge.**
- 130 families joined us for our Sunday stroll.
- Pupil voice completed by below ARE children.
- **Meeting with School Games Organiser to look at a Pilot scheme for active travel.**
- Achieved Healthy school status
- New Get Active news designed as a sports newsletter. First Edition Friday 13th March.
- **Weekly newsletter write ups including Healthy and Active lifestyle challenges.**
- PE and Sport premium report 2019/20 initial spend and aims report created.


Current whole school data

- **Whole school - Based on 2018/19 figures 6% classed as inactive. Now 1% of those children are inactive.**
- **92.6% of children in KS1 and KS2 are active and have participated in a club/**
- Total percentage of inactive children in KS2 now being active 6/12/19
83% boys now active 81% girls now active
- **92% Pupils premium 80% of all SEN and vulnerable have attended a club, competition or have a leader role.**
- **143 Sports leaders- Play leaders, Sports crew and class sports leaders across school. 24% leading.
29% of KS2 leaders 13% KS1 leaders**
- We have so far taken part in **20** competitions and festivals
- We have run **22** different sports clubs across the year
- **Average of 574 children attending clubs each week**
- Total participants in competitions and sport related events **KS2- 879 participants KS1 – 406 participants**



An example of our termly PE and Sport report sent by the PE lead to governors

OFSTED Deep dive - How was this inspected?

Discussion with the head teacher 

Subject deep dive

Subject
leader
interview

Discussions
with pupils
and teachers

Lesson
observations

Review of
the S.P
report

Discussion
with
governors

Parent questionnaire

Judgement





Thank you!
Any questions?

